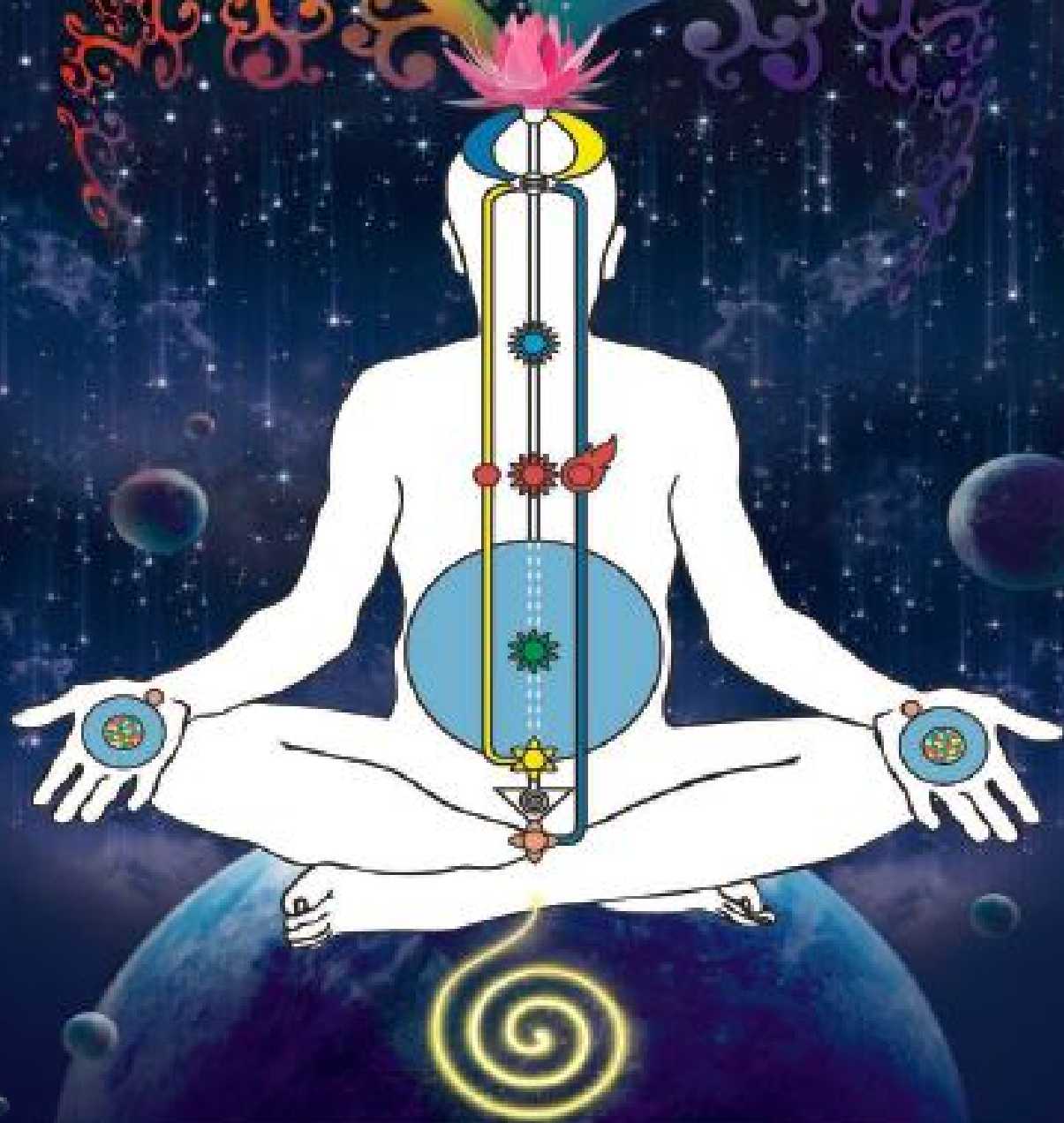


# IMMACULATE

Ideal Human Foundation



T R E E   O F   L I F E

**Immaculate Ideal Human Foundation**

Website: [www.iihf.in](http://www.iihf.in)

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# IMMACULATE IDEAL HUMAN FOUNDATION

(A 100% non-profit organization)

## ABOUT US

We are a team of successful Creative Professionals & Artists, inspired by our Spiritual Mother **Her Holiness Shree Mataji Nirmala Devi's** discovery of '**Sahaja Meditation Technique**'. Sahaja meditation is the practice of entering a higher state of consciousness that transcends the thinking mind and elicits the state of thoughtless awareness on a regular basis which can be verified on central nervous system.

Shree Mataji Nirmala Devi, born on March 21, 1923 to a Christian family, married to a distinguished civil servant, followed the Hindu philosophy of maintaining an outer balance and inner harmony to the core, discovered the process of giving en-masse Self-Realisation at Nargol on May 5, 1970.

She elaborates: *"The three dimensions in which we normally exist are physical, mental and emotional, and the fourth dimension is Spiritual. This is also called Turiya state through which one attains higher awareness. At the human state, our attention is on food and security... it transcends to intelligence (referred to as IQ in the area of intelligence)...to emotional state (compassion-normally referred to as EQ)... and to a state of seeking beyond human understanding (referred to as SQ)"*.

While the present day conceptions about the mind and consciousness do not go beyond the ability to perceive through the senses as the result of bio-chemical processes of the brain, Hindu philosophers had believed that Kundalini provides the only channel to explore the mind. Kundalini, according to them, was the super intelligent energy behind consciousness and therefore the evolutionary mechanism that determines the capacity of the brain. Indian scriptures refer to man as a conscious animal and not as a rational being. Sahaja meditation explains how individuals can transcend to the higher level of awareness on a regular basis which can be verified on the central nervous system by awakening the Kundalini.

We, a team of successful Creative Professionals & Artists plan to leverage our creative energy by entering this higher level of awareness and thereby leverage our creative energy on a regular and sustained basis.

## OUR ATTEMPT

Ours is a humble attempt to reach out to seekers and touch as many hearts as we can, by igniting the flame of collective consciousness, where the world of limited human perception expands into that of an unlimited space of hope & redemption. We are here to reach out our hand with all our love & understanding through our creative depiction of audio-visual presentations.

Do hold our hand and let us together traverse this journey of heavenly experience. The destination is not far, as we are here to take you there, just as we have made it. Come forward & partake with us this beautiful joy of creation - **IMMACULATE, THE IDEAL HUMAN**



## OUR TEAM

Our team of creative talent, has been taken from a pool of Film & TV Industry's top professionals engaged in making films for Bollywood. They are dedicating their time & skilled resources to help produce content taken straight out of the teachings of our Divine Mother.

Our Team has been silently working on this concept, while consistently practicing Sahaja Meditation. They are now committed to begin with producing short films - starting from 30min duration under the brand '**Tree of Life Presentations**' as part of a "**LIFE SUBLIME**" Production Series & ready to go on the floors with our first film project.

## OUR MISSION

NGOs are founded for a purpose. Often, the NGO's mission is defined in a formal written mission statement- a broadly defined but enduring statement of purpose that identifies the scope of NGO's operations to seekers of a higher level of awareness.

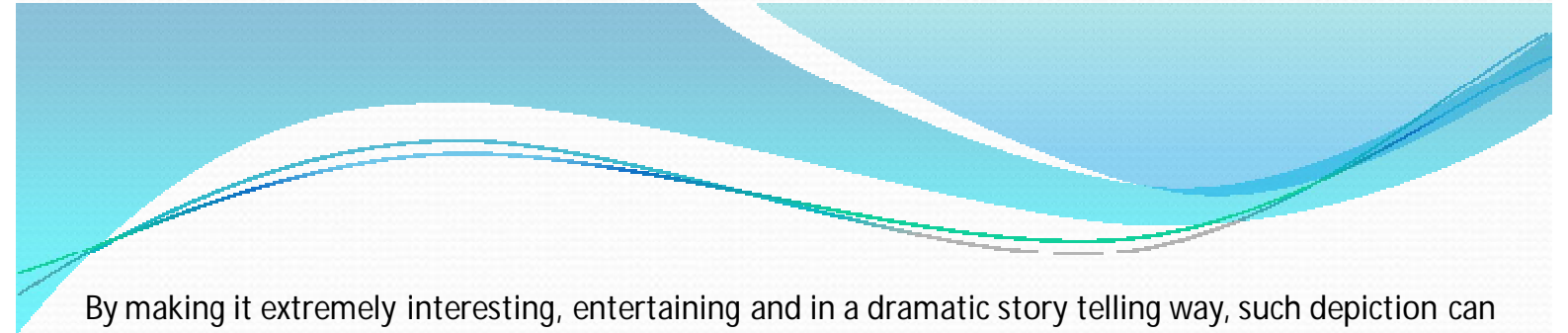
Today, our Medium, be it print or audio-visual, depicts only the miseries of life & its sufferings; making us witness negative human endeavours, whose continuous feed makes us more and more fearful, hapless & disgusted. By highlighting social ills, we notice that more crimes are on the rise, as they derive inspiration from such depictions/narrations both in print & Films. The fear quotient is on the rise, leaving a bad taste about life with no permanent solutions on the anvil.

All this in the name of Entertainment. It sends a clear message of how much we need to be aware, in the garb of programs like Savdhaan India or Crime Patrol or many other such TV serials that take up the viewer's prime time –the expected social impact or a positive transformation is virtually nil. Seldom have such programs suggested a better life option, but leave the viewer to his limited imagination to simply ignore the evil, until their own life is directly affected; witness it as a passing drama meant for 'someone else's life'-called 'Fiction', wishing that it would never happen to us. But if it does, then we are left vulnerable, fearful & unprepared to deal with it.

### **So, is there a solution? That is the question.**

There is no mechanism that the general public at large is aware of, that can provide a tangible solution ,except to seek justice from the Legal System provided by Governments. We all know how much this system really solves anything for us. The solutions are temporary, momentary touching vital social issues at a very superficial level. Yes, our Media depicts it, and we accept it. We live in a sort of a mythical world, a 'make-believe' one – A world of Fiction. Back home, we are struggling with harsh realities & the fear of the unknown.

**However, if a carefully scientifically researched & executed Program of an Audio-Visual presentation or Film can be showcased to find tangible solutions with far reaching consequences of living a better & purposeful life, who will not want to experiment on it?**



By making it extremely interesting, entertaining and in a dramatic story telling way, such depiction can bring a paradigm shift in the kind of content that is currently available for viewing in our Juke Boxes, TV Screens or Cinema Theatres the world over. We are not talking of anything that has to be imposed on the audiences. Rather, a very logical & scientific approach that is not only empowering but very simple to imbibe & start seeing things from a different perspective.

We propose to introduce a refreshingly new content- easy to comprehend, understand, imbibe & and apply in one's daily life, thereby getting empowered by a new kind of vision, a new kind of awareness, an enlightened attention, that is capable to solve all life-problems, making this world a better & peaceful place to dwell in.

Yes, our aim is to bring in a new type of entertainment to our screens, where pure knowledge is exchanged with the audience in a very subtle & sustainable manner. Audiences, while applying their own individual beliefs, can get empowered within to start seeing a powerful system existing in themselves, as a source pure knowledge that is capable of solving all their problems and contributing to a better & robust society.

## OUR VISION

**CREATE** media productions with an audio-visual impact, touching, appealing & transforming human sensitivity to self-actuate experiences leading to spontaneous resolution of life issues, using individual energy resources of an inbuilt scientific system that taps into individual and social potential.

**REVOLUTIONIZE** content for media so that people know that there is hope in life. Help ignite creative instincts in ordinary people enabling them to adorn their lives with beauty, harmony and peace.

**PROVIDE** self-help techniques through meditation to attain being the master of one's life and in total control of everything.

**DEVELOP** a pure desire to connect to an infinite source that empowers an individual heart to become a powerhouse of love that shares, cares and perpetuates oneness in all beings.

**DISCOVER** the Tree of Life concept as an inbuilt mechanism created by Mother Nature as the last step in human evolution, i.e., to communicate directly with one's own 'life force', become one's own master and thereby overcome all problems and social ills of life, family, society and the world.

**EXTEND** moral and financial support to deserving artists to express their creative freely to enhance their skills and talent and live fearlessly in the world of performing arts.



## OUR PHILOSOPHY

Our Films & live presentations will adopt a play-way, light-hearted & jovial method of narrating simple stories to bring home the point (without being preachy), that we humans are part and parcel of one united force, born to evolve to a higher state of consciousness, where collectively we can dissolve all social ills to bring a peaceful & joyful co-existence in all sections of society in the entire world. Such is the gift of our creativity & communication skills, that our work shall give rise to a new kind of path-breaking content, which will become a future game-changer in the way the Media (both print & Audio-visual) can contribute to a new positive, healthy & responsible paradigm shift, that can influence sensibilities of a common man & the manner entertainment is perceived as a means of growth & evolution.

A major shift from the current trend that highlights weaknesses & negative mindsets driven by hunger for lust, greed, power & materialism that instils fear, despair, helplessness, isolation & disgust.

Through our live shows, presentations & short films we shall endeavour to put out valuable content for our professionals from the creative world of Media & Films to take note how the impact of Sahaja Meditation transforms the very genes of humans to help them come out of their miseries and lead normal, happy & contented life, as one united family of this world. Inspire them to make more meaningful & socially relevant films that not only entertain, but elate, propel & enhance the mass audiences to experience the joy of living & giving in love.

## OUR GOAL

Providing access to Pure Knowledge as a free flow of information, both viewed, identified & applied in the day to day life of an individual using the popular global medium of Live stage performances, Conferences, Festivals of Artistic expression, Television & Films.

Through production of professionally managed and organized programs, TV Serials, Documentaries & Feature Films, our team of creative professionals will endeavour to bring a paradigm shift in the quality of human life that constantly aspires to:

- ❖ Attain well-being, peace, happiness & satisfaction
- ❖ To be rid of all social evils like hatred, violence, discrimination, inequality & intolerance
- ❖ Take complete charge of one's own life in its existing state and contribute to a healthy, growing society, through an in-depth understanding of our value systems, our limits, our life-purpose & the potential to attain our goals,

Thereby giving meaning to our lives.

***In short – “To Create an audio-visual impact that can transform human awareness from a hapless mundane existence to that of a powerful one, that promises to provide all possible solutions in a strife torn life.”***

## FILMS BASED ON REAL TIME STORIES

A series of such films will be produced by us, based on real time stories of the benefits of Sahaja Meditation, where an ordinary viewer can watch the film and get entertained by an interesting story, but will take home a message about the transformative impact Sahaja Meditation has on one's chakras within (energy centers) and its benefits on daily life's challenges faced in the modern world.

It will showcase the knowledge of the subtle system (as enumerated in ancient scriptures of all faiths & beliefs). The awakening of the inner energy, Kundalini, will be displayed through appropriate visuals via Animation & live shooting of people meditating using voice-over & visuals of our Divine Mother as demanded in the story narration.

The films will introduce simple solutions to everyday living & will attempt to counter the ill effects of the current negative display of content in Media & Films.

**We also plan to bring out the rich cultural & Historical legacy of Spirituality in the form of animated short films/plays.**

## OUR FIRST SHORT FILM

Our first short film titled **"Gruhalakshmi"**, introduces the format of Sahaja(simple) Meditation, and its benefits that a common man can derive, to make life a celebration. A short story woven in our modern times & life, where a mere change of outlook & attitude, brings a visible transformation in an individual member of a family that becomes contagious to others in the family, ushering a refreshing look to life - A life of substance; A life of reckon, far from the maddening daily strife to outdo the other.

It provides a closer look to our relationships, when it comes to meditating and connecting with a supreme source of energy called Kundalini, that empowers & acts like a genie in one's life - It's for the asking, and you can have it; Makes you the complete master of your lives; Totally in charge, because you get connected to a Collective Consciousness, that reflects in your being & your character. You stand out.

**Isn't that what we all seek from life?** Here is a very simple story of a simple family, tied to its mundane chores, when suddenly a series of events change their world.....

*With Best Compliments*



**SELAN EXPLORATION TECHNOLOGY LTD.**



**NIRAKARA JEWELS.**



## OUR OBJECTIVES

1. To make television series, documentary, short & feature films that will promote peace, happiness, joy & sense of collective belonging to a united society for the general well being of all human beings, irrespective of caste, creed, colour, religion, belief & country to which they may belong or prescribe to.
2. To bring forth an inner transformation through a verifiable spiritual experience, using ancient awakening of an inner force/energy that every human being is born with. Further elaborated through stories of lives of individuals who have attained a higher level of consciousness & understanding called self-realization.
3. To highlight virtues & values that people of extraordinary brilliance have exhibited through narration of real-time experiences of their lives, with examples & testimonies, that ordinary human beings can verify and imbibe in their day to day life.
4. To raise the morale of society in general by showcasing how the tremendous powers of one's inner being can be reflected in a personality, that is transformative to bring a positive change in their lives and those of the others.
5. To empower the weakest of sections of society, helping them overcome all odds so that they can rise to their own expectations/self-esteem & can contribute to a positivity society, than being a drain on it.
6. To expose hypocrisy in ones own personality, providing vision to see the simple truths about life. Truths that can be enjoyed, enhanced and shared for the benefit of all beings.
7. To creatively present life as a unique gift - a good news, a solution to all problems through showing by example, how ways to overcome the bad things that have plagued our society with hatred & greed, lust, corruption & mindless killings.
8. To bond with audiences through narratives & stories of love, compassion, understanding, & patience as exhibited by the great souls born on this earth, & through their example suggest solutions to modern day living.
9. To help the helpless, underprivileged & persons deprived sections of society by suggesting solutions to help them join the mainstream of a successful & content life.
10. To provide solutions for good mental & physical health by presenting live musical & dramatic performances including workshops & educational series of stress management, with the ultimate aim to enable all to enhance their sense of belonging, capacity to acquire positivity with humility & dignity both in private & public life.
11. To encourage & promote all art forms & skilled artists to help enhance their creative talent by encouraging music & performing Arts across the globe as the one and only means of a peaceful co-existence.



## OUR BRAND – “TREE OF LIFE”

- ☐ Man is sitting at the Pinnacle of the Evolutionary Chain.
- ☐ What makes us so special? How are we different from the rest of the Divine's creation?
- ☐ All creation is rooted to the Mother Earth. Plants draw their nourishment from the soil. Most animals survive on vegetation and fruits, while others eat smaller animals. They live on the ground or on trees.
- ☐ Humans, on the other hand, live in skyscrapers, manufacture their food in factories and have even produced synthetic tissue, which is the first step to manufacturing human organs.
- ☐ This makes you wonder if we are losing our connection with the Divine.

### Where Is This Connection? Where Are Our Roots?

Since we have turned most things on their head, to understand this, let's turn a tree around, on it's head. The Divine's gift to man, that makes us special and puts us on top of the evolutionary chain, is the ability we have been blessed with – to be able to connect directly with the Divine.

### How Can We Do This?

- ☐ Let's assume we are the inverted tree.
- ☐ To nourish ourselves spiritually and physically, we too need to draw our nourishment through the roots.
- ☐ Only in this case, the roots are pointed into the sky, the ether.
- ☐ Through the process of meditation -- during the time we are completely thoughtless, a path opens out for these inverted roots, to connect to the Divine.
- ☐ The roots are now able to draw the nourishment so vital for our spiritual development.
- ☐ Normally, we keep this path closed with our numerous and continuous flow of thoughts. The longer we can stay thoughtless, the greater nourishment received by the tree.
- ☐ This spiritual energy flows through our roots, to the branches and the stems, making us stronger and more productive in every sphere of our lives. It gushes into the web of veins, to improve the foliage and fruit of the tree – being our physical self and the achievements we are able to accomplish.

### Have you ever considered how the Yogis who went into Samadhi survived for so long?

This spiritual nourishment supersedes the physical nourishment. Our desire and greed for food ebbs, automatically making us healthier. Life comes into balance. As our mind is uncluttered, we are able to see the solutions and everything begins to come together, allowing us to achieve peace of mind.

**The Tree of Life is within us.** Experience the life force flowing through it transforming flowers to fruits and humans to spiritual beings.



## Join Us

As on this date – going on print - Several artists from India and overseas have already joined me in this mission. A small team of technicians & Film & TV Industry professionals, practicing Sahaja Meditation, have joined my team, and have been working tirelessly since last 6 months to come up with few stories, scripts & Screenplays of our forthcoming ventures.

We stand committed collectively with our pure desires to take forward this initiative, and work towards a successful professional model. Meeting with expenses of our projects will always remain a challenge before us, which we will meet through the goodwill & support from our Government's Income Tax Departments to permit Exemption on Donations to our Foundation. I also seek support from you my dear reader(s), to generously donate for this noble cause.

In case you are a performing artist, then do join our Team Immaculate. You are welcome from any field of art & creativity. We propose to create live stage Performances & programs/Presentations for live display in all world cultural festivals & spiritual forums. Diverse cultures will reflect in our Presentations, which will be a mix of Music, dance & drama, besides making films both for TV & Entertainment Industry.

Whether you are a creative artist or a potential donor, I appeal to you, to relate to this vision of our Divine Mother, and join us in our mission. Let us together help transform all troubled souls to benefit from a beautiful world of a Self –Realized & Self empowered life, adorned with love & compassion - A purpose for which Her Holiness Shree Mataji Nirmala Devi took Incarnation.

It is a format designed by our Divine Mother through Her immense love where the Vishudhhi & Swadishthan Chakras of Talented Artists will use the neutral platform of performing arts & media, today regarded as the strongest mode of communication & tools of Shri Krishna & Shri Saraswati within us. Come, join hands with me and let us together make it happen now & here. Please spread the word.

You may choose the team you wish to belong to, and contribute to any one or more of the following

- 1) Marketing & Networking
- 2) Creative writing - Story, Screenplay & Dialogues
- 3) Production of Audio Visual Presentations- Films, TV & Webseries (U Tube)
- 4) Production of live Performing Arts - Music, Dance & Drama
- 5) Still & Live Presentations - Power Point & Anchoring.
- 6) Website Development, Maintenance + Web & Social Media Management.
- 7) Content Research & Planning of Projects for ongoing & future Productions
- 8) Fund Raising & Financial Management
- 9) Advisory Function for review & Dispute settlement
- 10) Development & Collaboration Team + PR & International Relations
- 11) General Administration & Management

You are welcome to be part of multiple functions. But please do choose at least one team, where you feel you will be able to make your creative contribution.

Those who wish to join us, please write to me on my WhatsApp number 9811203017 or email me at [sanjaytalwar55@gmail.com](mailto:sanjaytalwar55@gmail.com)

### **We are constantly looking Film Cast and Crew Members**

We are looking for individuals who are professionally involved in film making process in any manner. Those who are ready to devote time skill and expertise for our upcoming short films or in our motion Picture film division projects. Any film/media enthusiasts who seriously want to be a part of these project can also contact us. We are looking for people who can be committed to the project since it involves lots of hard work and time. To start with we are looking for people based in 'Mumbai'.

Please send in your professional details and areas of interest to :

**Mr. B.N.Singh- +91 93243 68012**

**Website: [www.iihf.in](http://www.iihf.in)**

**email: [immaculateihf@gmail.com](mailto:immaculateihf@gmail.com)**

**Phone: 91 7838955868**

**Those who wish to donate funds can transfer funds directly to our NGO Account as listed below: (All Donations are 50% Tax Exempt)**

**IMMACULATE IDEAL HUMAN FOUNDATION  
Current Account Nr 6147002100000193  
Punjab National Bank, Delhi Gymkhana Club Branch  
IFSC CODE: PUNB0614700**

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➔ **SELAN EXPLORATION TECHNOLOGY LTD.**

➔ **NIRAKARA JEWELS.**



## **OUR INSPIRATION – From the Desk of the Managing Trustee**

We derive our inspiration from our Mother Her Holiness Shree Mataji Nirmala Devi, who is no more with us in Her physical form, but continues to live in our hearts as our guide, our mentor & Guru, who in Her capacity as a Mother, taught us how to do Sahaja Meditation, and through it attain all the spiritual powers to lead a joyful, happy, content & blissful life.

By the unique knowledge of the subtle human system with inbuilt energy centers or Chakras ( as is prescribed in all our ancient scriptures & holy texts of all faiths & beliefs), she taught us in a very simplified (Sahaja manner) how these play a vital role in the way we perceive life, its day to day problems, and how we can be empowered to resolve all matters of concern in our lives & lead a life of complete contentment & fulfillment.

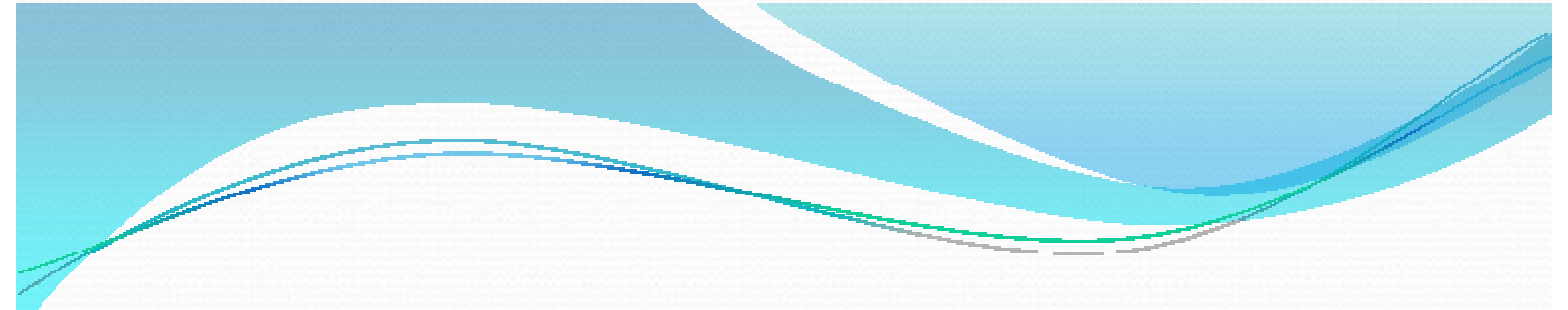
How we can be happy & full of love and how we can share it and spread it to all human beings, integrating the entire human race into one huge family- Common factors being love, compassion, forgiveness, humility, wisdom & pure knowledge of the absolute Truth. How this unity amongst us works as a very powerful collective force that can overcome all negative & destructive forces within & without.

Many of us have acquired extraordinary creative skills ever since we started this Meditation called ‘Sahaja Yoga”, where the basic concept of Kundalini (our individual Mother- Power) awakening connects with the very source of the all- pervading power of this Universe (The Creator himself), thereby granting us YOGA or union with the Divine. Hereafter the Universal Divine Energy of Love enters our subtle system, heals our chakras or energy centers, providing us relief from mental & physical stress. It provides us with an activated mental prowess to sort out our own lives and help other to do the same.

Cure our own illnesses through a balancing effect using the help of the five elements, and eventually entering into the fourth dimension of existence in the collective consciousness, where our powerful attention can act to change or transform the whole world into heaven on Earth. Through this unique meditation, we are connected to our brethren across the world in over 130 countries with a bond of common love & affection, where life is rejoiced & lived fully. It is virtually like Heaven on Earth.

We, the creative talent of team IMMACULATE pledge ourselves from the core of our hearts to bring this beacon of light into the lives of all seekers of truth in this world, such that it is transformed into a better place to live peacefully, happily & healthily together as one family. Through our meditative experiences we hope to take our inspiration to the next level of creating a better world of communication, where our Media & Film Makers can play a vital role in communicating this vision to the entire world.

At a personal level, and as the Founder, Promoter of this Foundation, I would like to share a few of my thoughts:



I was 27 years old when I met Shree Mataji Nirmala Devi (I address her as Mother) for the first time. On 04<sup>th</sup> July 1984 She helped me awaken my Kundalini Power, taught me the knowledge & principles of the technique of Sahaja Yoga. Through this new kind of awakening, I began to experience all the good things happen in my life from that very moment onwards. I felt a complete transformation in my being. I have penned my memoirs & several experiences in my website

[www.sanjayroshantalwar.com](http://www.sanjayroshantalwar.com).

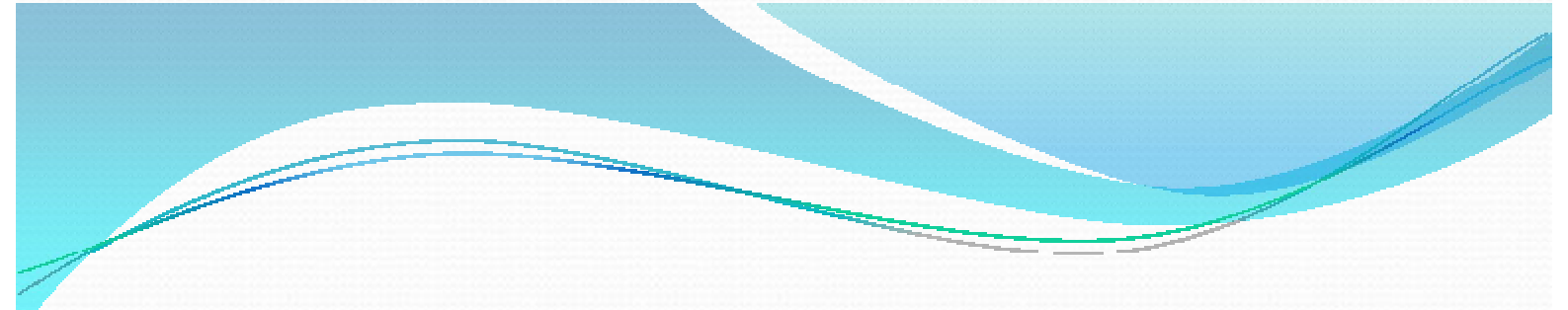
When you click therein on to Albums, go into its album notes to read some beautiful stories that wove my life. The various phases & miraculous moments I went through in Her presence, and with Her grace, over the years of association with her can be found under 'Album Notes'. What is noteworthy therein is, that though I am a double graduate with Degrees of BSc Chemistry honours from Hansraj College, Delhi University & BSc. Tech from UDCT Matunga, Mumbai University between 1973 & 1979, I discovered my inherent talent in writing.

After I received my enlightenment of Kundalini awakening (known as Self Realization) from Mother, my potential as a writer evolved. Whatever knowledge about this enlightenment I could grasp, I started penning down my experiences in prose & poetry format. It came out very spontaneously. It did not stop there. I was very fond of music, and that seed in me also sprout, as I started composing my own Poetry & then started singing it.

Mother encouraged me to put this transformation in me into live performances on stage before audiences whom she addressed during the course of her sharing Sahaja yoga Meditation in every corner of the world. So I was fortunate to accompany her on her world tours, where she addressed large audiences & granted them the experience of Self Realization. She welcomed the medium of music through my singing to these audiences, to help people meditate & awaken their Kundalini powers. During my travel with Her across the globe between 1988 & 2004, I had written, composed and performed over 150 songs, all based on Sahaja Yoga Meditation.

You will find all these songs, their lyrics & meaning on this website, besides some testimonials, photo gallery & few Video clips of my performances over these years. I call them as the golden years of my life. Personally, I got many opportunities to be by Her side, and learn this great art of meditation directly from her. She even participated in the content of the poetry that I wrote, sometimes helping me with the right words & phrases. In 1988, she names me "Roshan", the enlightened one.

Then one day, on 10<sup>th</sup> December 2002, when I was spending time with Her at her Mumbai residence, She spoke to me about a responsibility She wanted me to shoulder. To take all the learnings & experiences of the benefits of Sahaja Meditation to the whole world through the world of Communication ie. Media, Films & Live performances, Presentations & Workshops. She said it was Her dream, that She wanted me to fulfill. Take the lead. In her own words She spoke "When the time comes, you will do it". She gave it several Bandhans (protective kavach). Then continued to say "This task is already done, but still I would need to take the necessary steps to make it happen". And with each Bandhan she gave, she asked me to keep working towards it.



And as I will move forward, doors of opportunity will keep opening. And when I will pass through each door, many creative artists will walk through with me, till it becomes a global movement. She was keen that all the creative artists of the world practicing Sahaja Meditation will take this world to peace & salvation.

With these divine words spoken to me 15 years back & my fervent prayers to someday get started with it, on 08<sup>th</sup> February 2017, decided to launch IMMACULATE IDEAL HUMAN FOUNDATION – A 100% Non Profit Trust that will fulfill this noble mission.

## GET IN TOUCH

Please send in your professional details and areas of interest to :

**Mr. B.N.Singh- +91 93243 68012**

**Website: [www.iihf.in](http://www.iihf.in)**

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